

Cup and Ball

Materials:

- Tin foil
- String or yarn
- Paper cup, plastic cup, or used yogurt cup
 - A grown up's help for poking holes in the cup!
- Wooden bead (optional)
- Chopstick or other stick (optional)
- Decorations: stickers, tape, markers

Instructions for version 1:

- 1) Poke a hole in the bottom of a paper cup.
- 2) Hold one end of string in the middle of a square of aluminum foil & scrunch into a ball.
- 3) place the other end of string through the bottom of the cup & tie a knot at the end, on the inside of the cup so the string does not pull back out or you can tape it down.



Instructions for version 2:

- 1) Decorate a cup with washi tape or wrapping paper
- 2) Pierce a hole in the bottom of the cup and thread a piece of yarn through it (tape it down). Tie a large wooden bead to the end of the piece of yarn.
- 3) Pierce the side of the yogurt cup all the way through to the other side and thread a chopstick or skewer through.
- 4) Holding the stick, try to jerk the cup to get the bead inside!



Cup and ball is a game kids played 200 years ago! With one hand holding the stick, try to move the cup to catch the ball.

